

# Retreats and days, March-June 2022

The House of Prayer, East Molesey

## Beginning the Song exactly where we are

Saturday 26<sup>th</sup> March 2022

Led by Andrew Walker

Cost £15

This line, based on a Malcolm Guite poem, suggests in fast changing and difficult times we still need to root ourselves and our experiences as part of God's revelation and invitation. And this can take discipline as well as skill. This morning with Andrew Walker will explore something of the opportunities as well as difficulties of this approach and help to equip us all further in living out God's call. Starts at 10am and ends at 1pm. Cost: £15. Some of our retreat days are additionally offered online via Zoom. Please contact the administrator for more information.

## Laudato Si' - The Cry of the Earth and The Cry of the Poor

Saturday 2<sup>nd</sup> April 2022

Led by Fr. Rob Esdaile

Cost: £30

In 2015 Pope Francis published his letter *Laudato Si'*, on 'Caring For Our Common Home', a letter which tapped into a dawning awareness of the pressures which threaten the future of human life on earth: habitat destruction, species loss, pollution, global temperature rise and 'the globalisation of indifference'. He gave those concerns a Catholic Christian foundation, drawing on the mysticism of St. Francis and calling us all to ecological conversion, a concern both for the planet and, especially, for the poorest, who are always the first victims of Climate Change. Re-reading that letter in the wake of the COP26 conference, we shall take time to reconnect with our place in the beauty of Creation and try to discern paths of hope for ourselves as individuals, for the Church and for the global community. Starts at 10am and ends at 4pm. Please bring a packed lunch. This retreat takes place at the House of Prayer, but it is also possible to participate via Zoom.

## Lent Retreat: Called into the light of God's love

Friday 8<sup>th</sup> – Saturday 10<sup>th</sup> April 2022

Led by the House of Prayer team

Cost: £180

A weekend to step aside and reflect on our following of Christ. There will be community times of prayer, group reflection and opportunities for individual spiritual direction. Arrive in time for supper at 7pm on Friday and leave by 4pm on Sunday.

## Deepening in Prayer: Individually Guided Retreat

Friday 22<sup>nd</sup> -Tuesday 26<sup>th</sup> April 2022

Led by the House of Prayer team

Cost: £340

A silent individually guided retreat is an opportunity to step aside from your daily life and routine and enter a time of silence, stillness, and prayerful reflection. A retreat guide will be available for daily individual meetings to accompany you through the retreat. Above all, this retreat is a time of listening to God who is present in the experiences of prayer and daily living. Arrive in time for supper at 7pm on Friday and leave after breakfast on Tuesday.

## **The Bright Field - Glimpsing God in everyday moments**

Saturday 30<sup>th</sup> April 2022

Led by Alison MacTier

Cost: £30

A day to rediscover the extraordinary in the ordinary - those transitory moments where the deepest truths may be found and we feel a powerful sense of connection. We explore these lifeaffirming moments together using bible passages, guided meditations, poems, images and music. Starts at 10am and ends at 4pm. Please bring a packed lunch. Some of our retreat days are additionally offered online via Zoom. Please contact the administrator for more information.

## **Silence. Stillness. Simplicity.**

Friday 6<sup>th</sup> May – Sunday 8<sup>th</sup> May 2022

Led by Brij Waterfield

Cost: £180

Meditation is a Way which incorporates these three essential qualities leading us into the Being of God which itself is essentially silent, still and simple. This will be a silent retreat particularly suitable for those who have established a contemplative practice but have never been on a silent retreat. There will be some input, contemplative practices and space for personal reflection. Spiritual Direction will also be offered. Arrive in time for supper at 7pm on Friday and leave by 4pm on Sunday.

## **Growth in Prayer: Weekend Individually Guided Retreat**

Friday 20<sup>th</sup> May – Sunday 22<sup>nd</sup> May 2022

Led by the House of Prayer Community

Cost: £180

A silent individually guided retreat for busy people, those who have not made a retreat before, or for anyone who needs time away to stop, breathe, and pray. A retreat guide will be available for daily individual meetings to accompany you through the retreat. Above all, this retreat is a time of listening to God who is present in the experiences of prayer and daily living. Arrive in time for supper at 7pm on Friday and leave by 4pm on Sunday.

## **Hospitality: gracious presence; gracious gift; gracious promise**

Saturday 28<sup>th</sup> May 2022

Led by Sister Rachel Overton

Cost: £30

During the day we will reflect both on our understanding and experience of hospitality as a part of our spiritual journey and also take time to consider the hospitality offered to us by God. Starts at 10am and ends at 4pm. Please bring a packed lunch.

## **Growth in Prayer: Midweek Individually Guided Retreat**

Monday 30<sup>th</sup> May – Wednesday 1<sup>st</sup> June 2022

Led by the House of Prayer Team

Cost: £180

A silent individually guided retreat for busy people, those who have not made a retreat before, or for anyone who needs time away to stop, breathe, and pray. A retreat guide will be available for daily individual meetings to accompany you through the retreat. Above all, this retreat is a time of listening to God who is present in the experiences of prayer and daily living. Arrive in time for supper at 6pm on Monday and leave by 3pm on Wednesday.